# Table of Contents

<table>
<thead>
<tr>
<th>Contributors</th>
<th>Preface</th>
</tr>
</thead>
<tbody>
<tr>
<td>viii</td>
<td>xi</td>
</tr>
</tbody>
</table>

## PART I

**CONSTRUCTIVIST PSYCHOTHERAPY: AN INTRODUCTION**

1. **Constructivist Psychotherapy in the Real World**
   Sara K. Bridges and Jonathan D. Raskin
   3

2. **Epistemological Commitments Among Seasoned Psychotherapists: Some Practical Implications of Being a Constructivist**
   Greg J. Neimeyer, Jocelyn Lee, Gizem Aksoy-Toska, and Daniel Phillip
   31

## PART II

**APPLYING CONSTRUCTIVIST THERAPY IN EVERYDAY PRACTICE**

3. **Coherence Therapy: Swift Change at the Roots of Symptom Production**
   Bruce Ecker and Laurel Hulley
   57

4. **Mind and Self in Context-Centered Psychotherapy**
   Jay S. Efran and José Soler-Baillo
   85

5. **Embodiment in Experiential Personal Construct Psychotherapy: Theoretical and Technical Concerns**
   Larry M. Leitner and April J. Faidley
   107
PART III
CONSTRUCTIVIST THERAPY FOR
SPECIFIC ISSUES

6. Meaning and Change with Domestic Abusers
   James Horley and Amy Johnson 127

7. A Constructivist Approach to Child-Centered
   Play Therapy
   Richard E. Watts and Yvonne Garza 145

8. Talking Back to Stuttering: Constructivist
   Contributions to Stuttering Treatment
   Anthony DiLollo and Robert A. Neimeyer 165

9. Methods of Reconstruction with Adolescent
   Substance Abusers: Combining REBT and
   Constructivism
   Robert Adelman 183

10. Constructivist Treatment of Divorce
    Donald K. Granvold 201

PART IV
PROFESSIONAL ISSUES IN
CONSTRUCTIVIST THERAPY

11. Personal Construct Psychotherapy in a National
    Health Service Setting: Does Survival Mean
    Selling Out?
    David A. Winter 229

12. Counseling Multiracial Clients in Context:
    A Constructivist Approach
    Ronnie Priest and Nancy Nishimura 253

13. When Constructs Collide: Constructivist
    Research on When and How to Challenge Clients
    Daniel C. Williams and Heidi M. Levitt 271
<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Author(s)</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>14</td>
<td>Everyday Constructivism</td>
<td>Michael F. Hoyt</td>
<td>295</td>
</tr>
<tr>
<td>15</td>
<td>Looking for the Context: Therapy as Social Critique</td>
<td>Mark Eliot Paris</td>
<td>329</td>
</tr>
</tbody>
</table>

About the Editors | 361  
Appendix       | 362  
Index of Proper Names | 364  
Subject Index  | 373  

vii