

Westchester Administrative Staff Council
Meeting: November 3, 2017

Meeting Minutes:

Minutes from October 2017 meeting were approved.

Speaker – Andrea Winters, Assistant Director of Counseling Center
Presentation – Managing Mental Health Crisis in the University Setting
Counseling Services information

- Phone – (914) 773-3710
- Location – Administration Building, 2nd Floor (next to Financial Aid)
- Hours – Monday – Friday 9am – 5pm
 - Walk-in Clinic Hours – Monday – Friday 1pm – 2:30pm (during academic year)
- Staff: FT therapists/psychologists, PT psychiatrist, PT social worker
- Services provided: Individual therapy, group therapy, psychiatric consultation/evaluation, medication management

Many mental illnesses first present itself in college age group.

- Social pressures, separation from family increases risk of eating disorders in vulnerable men and women.
- Increase use/abuse of alcohol and other substances.
- Depression and anxiety are common
 - 17% of college students suffer from depression; 13% of college students suffer from anxiety disorders.

Common signs/indications include: recent decline in academic functioning, weight gain/loss, increase/decrease in sleep/change in sleep patterns, inattentiveness/difficulty concentrating, signs of sluggishness, fatigue, abnormally high levels of energy, racing speech, elation, disorganized/tangential speech, poor hygiene, irritability or tearfulness.

- Red Card: Recognizing and Reaching Out to Students of Concern was distributed and additional copies may be obtained from the Counseling Center.

If there is an emergency – get to/contact counseling center (and possibly security). Manage your anxiety first and get help; is there anyone else who can answer questions and/or calm the student? Is there anywhere else you can go (without leaving the student alone) so that you can communicate with other campus professionals to get help?

Speaker – Mark Brown, Director of Athletics
Presentation – Athletics Update

Save the Dates:

- November 15th – Faculty/Staff Appreciation Night, 5pm – 5:30pm reception in Goldstein Fitness Center, T-Bone Bobblehead giveaway.

- 5:30pm Women's Basketball game vs. Adelphi (halftime recognition of faculty and staff)
- 7:30 Men's Basketball game vs. Adelphi (T-Bone Bobbleheads to first 400 fans)
- December 5th – Football game, Pace Scarf giveaway

Pace competes at the NCAA Division II level.

Enrollment Growth:

- Recruited student-athlete population has increased 73% over the last five years. Since 2013-2014, the athletics department retention rate has increased from 77% to 86%.
- Coaches brought from than 250 prospective student-athletes for on-campus visits for 2016-2017 which resulted in 165 new students for the current 2017-2018 academic year, exceeding the initial year goal of 110-120 new students.

Classroom success:

- 15 out of 15 athletic programs have a GPA average of 3.0 or higher.
- Department GPA average of 3.27 for 2016-2017
- 72% of student athletes are on NE10 Commissioner's Honor Roll
- NE10 Conference Academic Excellence Award standings; men's swimming – 1st, women's swimming – 2nd, 8 Pace teams in top 3

Men's lacrosse, in Spring 2017, ranked 5 in the nation; highest win total since 1999 (12-4 record), two All American's.

Women's lacrosse in their third year finished 18th in the nation, finished 11-6, two All American's.

Field Hockey completed its Fall 2017 season with a 15-4 overall record and ranked 8th in the country in their third year, multiple National Player of the Week awards, Lesly Sanchez Alvarez named NE10 Goalkeeper of the Year and three others named to All-NE10 teams.

Setters in the Community:

- Student-athletes are active in the community, contributing over 1700 hours of volunteer service last year and have raised more than \$4,000 for charitable causes.

Speaker – Vinny Beatty

Presentation – Active Shooter Agenda – Emergency Information, General Active Shooter Info, Predictors of Violent Behavior, Event Response, Review and Questions

Emergency Contact Information

- NYC Campus – 1 Pace Plaza, B-Level, (212) 346-1800
- Pleasantville Campus – Alumni Hall Lobby, (914)-773-3400
- Law School – Preston Hall Lobby, (914) 422-4300
- All Campuses – Dial 777, alert.pace.edu, emergency button on phone

Emergency procedure flyers posted around campus.

Mt. Pleasant PD covers Pace University, Pleasantville Campus; frequently canvases campus.

Understanding actions to take to prevent and prepare for potential active shooter incidents. Actions to take when confronted with an active shooter and responding law enforcement officials.

Active Shooter – a situation in which an individual is actively engaged in killing or attempting to kill people in a confined space or other small areas.

Event vulnerabilities – inability to predict events, complacency, pre-incident behavior exists but warning signs are disregarded, high population density, crowded areas, unaware of escape routes, unaware of protective cover that you can use, inability to make decisions when you experience fear, panic or shock.

Potential predictors of violent behavior performance – absenteeism, productivity, concentration, resistance and overreaction to change in policy and procedures, escalation of personal problems, explosive behavior.

Preparedness – self-education on what to do, personal preparedness, recognizing the sound of gunshots, ensure that your location has at least two evacuation routes, be ready to take direct responsibility for your personal safety and security.

Videos online available at: <http://www.pace.edu/general-services/safety-security> and <http://emergency.yale.edu/be-prepared/active-shooterweapon>

Pace University sends emergency notifications via e-alerts; text, email, voicemail alerts.

- E-alert account attached to Pace email account – <http://alert.pace.edu> – you can add up to 10 phone numbers and 4 email addresses.

New Security Committee update – Alysse Raquel Estes will be our representative.

Benefits Committee update – Based on the close results of the Qualtrics survey, representatives will be Anna Fishman, Lesa Rader and Inita Mix. Grace Griffin will serve as alternate.

Service Committee update – P4K being held on Saturday, November 18, 2017 from 4pm – 10pm. Requests for donations (money, refreshments can be dropped off to SDCA office on Friday, November 17, 2017) \$25,000 donation goal.

Picnic Committee – will be looking for volunteers and gift basket donations.

Treasurer report - \$5800 budget, \$86 spent on coffee, \$5,714 remaining.