

Fall 2022

International Students & Scholars

Pre-Arrival Guide for J-1 Exchange Students New York City Campus



International Students and Scholars

Congratulations on your acceptance to Pace University! This pre-arrival guide is designed to help you prepare for your journey and your future as a student of Pace University. It will answer questions about what to do before you leave your home country for the U.S., and what you can expect when you arrive. We hope that you and your families stay safe and healthy during these challenging times.

Orientation will be held on **Wednesday, August 24, 2022 on Zoom**. Zoom details (link and password) will be provided to you via email.

PACE UNIVERSITY PRE-ARRIVAL GUIDE FOR J-1 EXCHANGE STUDENTS

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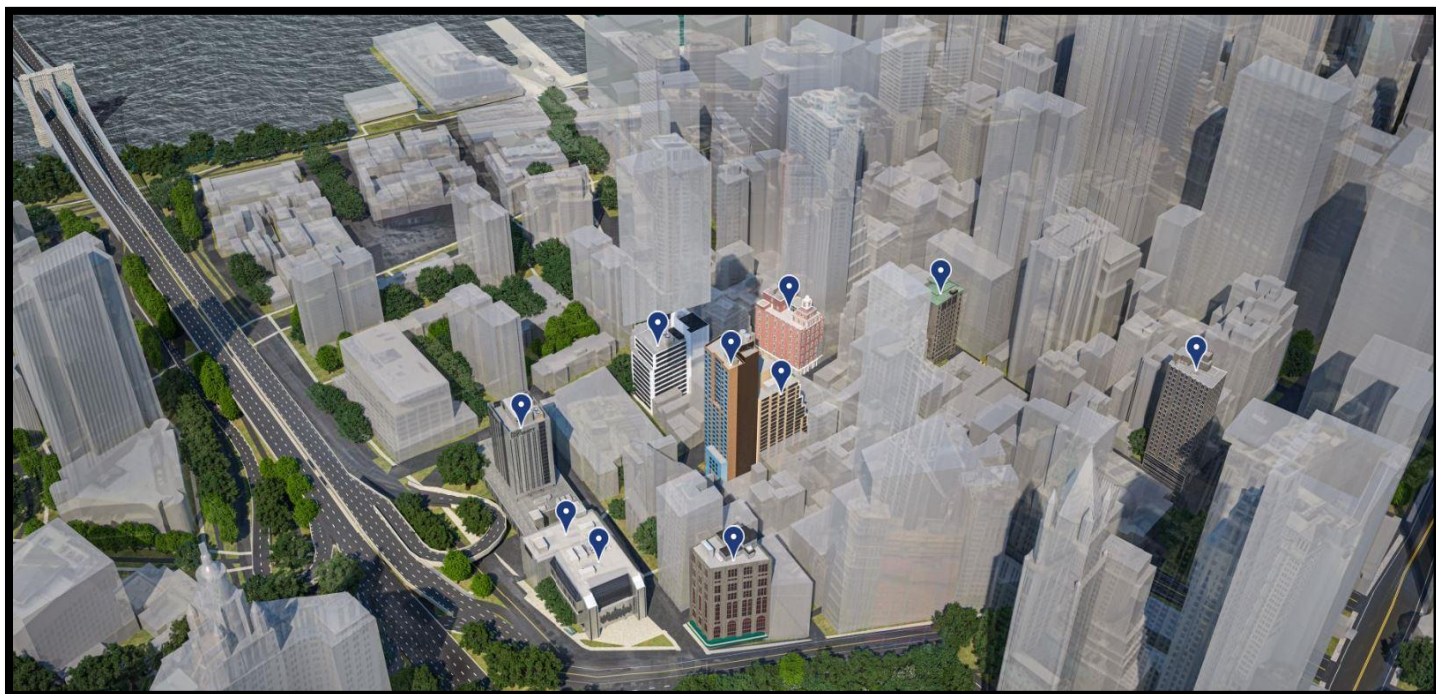
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ISS CONTACT INFORMATION AND NYC MAP

We look forward to welcoming you to New York and Pace University! If you have any questions or require further information, please contact the International Students & Scholars Office (ISS) at:

International Students & Scholars New York City Campus	International Students & Scholars Westchester Campuses
Pace International 163 William Street, 16 th Floor New York, NY 10038 Email: intlnyc@pace.edu Telephone: 1-212-346-1368	Pace International 861 Bedford Road Kessel Student Center, Room 212 Pleasantville, NY 10570 Email: intlwest@pace.edu Telephone: 1-212-346-1368

Visit <https://pace.university-tour.com/nyc/nyc-map.php> for the Interactive NYC Campus Map.



BEFORE YOU ARRIVE

Preparing for Travel

Prior to departure to the United States, international students should be sure that they obtain a proper nonimmigrant visa at a United States Embassy or Consulate. Students who receive a DS-2019 issued by Pace University will acquire a J-1 visa, provided they meet the criteria set by the visa-issuing consular officer (i.e. financial documentation, intent to return to the home country, etc.). Students should not enter the United States with a B-2 tourist visa, as it may be impossible to change it to a student visa at a later date.

U.S. J-1 Exchange Student Visa

This is a computer-generated entry permit that is issued by a U.S. Embassy or Consulate abroad for you to enter the U.S. to begin your studies or participation in the Exchange Visitor Program (EVP). For more information about a visa application, please visit the U.S. Department of State at <https://travel.state.gov> and <https://studyinthestates.dhs.gov/students/applying-for-a-visa-to-travel-to-the-united-states>

SEVIS Fee I-901 Form

Prior to your visa interview, remember to pay the \$220 USD SEVIS fee. Step-by-step instructions on how to pay SEVIS fee can found in your welcome packet received from Pace. More information can be obtained at <http://studyinthestates.dhs.gov/paying-your-i-901-sevis-fee>.

Scheduling Your Visa Appointment

For information on scheduling your visa appointment and to find the U.S. Embassy or Consulate nearest to you, visit <http://ustraveldocs.com/>. You can learn more about student visas at <https://travel.state.gov/content/travel/en/us-visas/study.html>.

Visa processing times vary widely depending on the country and time of year, and some applications may experience a time-consuming background check. Therefore, we suggest scheduling your appointment as soon as you receive your Form DS-2019 from Pace University, but no earlier than 120 days prior to the start program date listed on the Form DS-2019. Once you receive your visa, you may enter the US no earlier than 30 days prior to the program start date.

**Canadian and Bermudian citizens are exempt from obtaining a physical visa, but must*

present their valid passport, Form I-20, and SEVIS fee payment receipt at the port of entry to the U.S. and obtain an I-94 arrival record annotated by class of admission as J-1.

Things to Remember

1. Check with the U.S. Embassy or Consulate at which you will apply for a student visa about requirements for J-1 visa applicants.
2. When you appear for a visa interview, you can expect that it will be brief. A visa officer will likely ask you questions similar to these:
 - What and where will you study?
 - Do you have family connections in the U.S.?
 - What are your plans for returning to your home country? What are your professional goals?
 - Where will you be staying in New York?

It is very important that you are prepared to answer these and other questions briefly and to the point.

Pre-departure Checklist

Please use this checklist to help you plan for your journey to Pace University:

- Check with your airline regarding limits for the number of bags you may bring with you, along with weight and size restrictions.
- In addition, check on restrictions for carry-on baggage.
- Ensure you have a valid passport with an approved J-1 visa. Keep your Form DS-2019 handy in your carry-on baggage or inside of your passport; you will need to present it at the port of entry. Please make photocopies or scan all important documents.
- Arrange for cash, travelers checks, credit card, and/or debit card to support yourself until you can open a U.S. bank account.
- Arrange for travel insurance.
- Check the compatibility of any electrical equipment you are bringing! Depending on the appliance you might need an adapter to fit a U.S. electrical outlet. If you come from a country where 220/240 volts is used, most of your electrical appliances such as computers and iPods should work in the U.S. (check your owner's manuals to be certain).

ARRIVING IN THE U.S.

Students on a J-1 visa may enter the U.S. **no earlier than 30 days prior to the program start date on their DS-2019.**

At the U.S. port of entry, an officer of the U.S. Customs and Border Protection (CBP) agency will review your documents, including passport, J-1 visa, and Form

DS-2019, and return them to you. You should be prepared to answer the following questions:

- What and where will you study?
- Do you have family connections in the U.S.?
- Where will you be staying while attending Pace University?

An electronic record of your arrival will be created by a Customs Border Protection (CBP) agent at the point of entry. A non-immigrant electronic I-94 arrival record is obtainable at <https://i94.cbp.dhs.gov/I94/#/home>. Once you accessed your I-94 record online, you should review all the information and ensure that it is correct. Your record should indicate the day you entered the U.S., the class of entry (visa type), and duration of stay—which should be annotated as "D/S" (Duration of Status/Studies). If all information is correct, print the I-94 for your record. You will be required to upload a copy as part of the mandatory New International Student Check-in.

GETTING TO YOUR DESTINATION

Before arriving in the U.S. you should have a plan for how you will travel from the airport to your final destination. There are several options for ground transportation, including taxi cabs, car services, shuttle services, and trains. You should ignore offers of transportation from solicitors inside the terminal itself—soliciting of ground transportation is illegal and many illegal solicitors are unlicensed and uninsured. In addition, you should ignore non-uniformed people offering to assist you with baggage; seek out uniformed porters or airline employees for baggage assistance.

Taxi cabs are the easiest and most direct—if likely the most expensive way—to get from any of the New York City area airports to Pace University campus housing, and any location in the City and New Jersey. Taxi cabs are supervised by the Taxi and Limousine Commission (TLC) and are readily available at any airport terminal, day or night. There are also numerous car and shuttle van services available to utilize, and pre-booking a vehicle or seat is strongly recommended. Please visit <https://www.airport-jfk.com/transportation.php> for John F. Kennedy International Airport (JFK) or <https://www.airport-ewr.com/transportation.php> for Newark-Liberty International Airport (EWR) ground transportation options and tips.

Public transportation from the airports to New York City is typically the least expensive, but more time-consuming way, to get to your destination, and is recommended primarily for experienced students.

J-1 EXCHANGE VISITOR ORIENTATION

During orientation you will learn about immigration regulations pertaining to J-1 visa status and be introduced to important campus resources. Attending the International Student Orientation is **MANDATORY FOR ALL NEW INTERNATIONAL STUDENTS**. In response to the Covid-19 pandemic, the Information Session will be held virtually via Zoom this year in order to maintain a safe and healthy environment.

The International Student Orientation will be held on **Wednesday, August 24, 2022**. Zoom details (link and password) will be provided to you via email.

INTERNATIONAL STUDENT CHECK-IN

You are required by the U.S. Immigration law to check-in with the University International student office for activating your SEVIS record. **Please complete the online check-in procedure as soon as you arrive.**

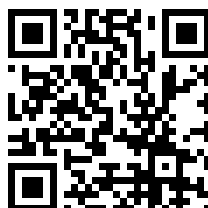
Remember: You are reporting your arrival to the U.S. and submitting your arrival record; therefore, **the check-in can be done ONLY after your arrival, never before**. In order to check in online, once you have arrived to the U.S., please [log in to ISS Connect](#) with your Pace University ID (username and password) and follow the instructions in the *New International Student Check-in* request.

Having trouble with online check-in through ISS Connect? Send an email to [intlnc@pace.edu](mailto:intlnyc@pace.edu) with the subject line "Check In" and a description of your issue so we can help.

INTERNATIONAL BUDDY PROGRAM

This program matches new international students and scholars with students who have already completed a semester at Pace. Our student buddies help new students with a smooth transition to life in the U.S. and at Pace University. More information will be provided at the mandatory Immigration Session!

CONNECT WITH US ON SOCIAL MEDIA



Follow us on
Instagram



SUPPORT SERVICES

Health Insurance and Medical Care

Like most colleges and universities in the United States, Pace University has a mandatory health insurance policy for international students. Please note that all full-time international students are automatically enrolled in the University's international student health insurance program. The fee will automatically be added to your student invoice. If you have comparable insurance coverage under another policy, you may be able to waive the Pace University International Student Health Insurance Plan. The insurance policy, instructions on applying for a waiver, and the waiver form are posted at <http://www.pace.edu/health-insurance/international-students>. If you apply for an insurance waiver, please be aware of the following:

1. Check your policy effective dates. Your policy must cover you for the duration of your program.
2. Does your plan provide inpatient hospitalization in the NY Metro area?
3. Does your plan cover outpatient clinic services, including doctor's visits, lab services, and medical testing in the NY Metro area?
4. You will be responsible (in the majority of the cases) to pay up front for medical services provided in the U.S. It is then your responsibility to make a claim to be reimbursed by your insurance company.
5. You are responsible for payment for medical services which are not covered by your health insurance.
6. Pace University Health Care Unit may require payment at the time treatment is provided.

As a student at Pace University, you must provide the University with proof of immunity to certain diseases. **THE IMMUNIZATIONS ARE MANDATORY FOR ANY STUDENT IN THE STATE OF NEW YORK.** Immunization compliance records should be uploaded to the **Confidential Patient Portal** by going to <https://patient-pace.medicatconnect.com/home.aspx> and following the on-screen instructions. Immunization records must be translated into English. If you do not have proof of vaccinations, you will be able to get vaccines through [University Health Care \(UHC\)](#), located at 1 Pace Plaza, 6th Floor East.

Housing

Housing information is included in your acceptance package. If you have any questions about housing please contact the Office of Residential Life. You can also read about housing at <http://www.pace.edu/housing>.

MONEY & BANKING

Initial Expenses

The amount you need to bring will depend on your personal spending habits. We recommend that you bring USD \$500-\$750 in cash, plus a Visa or Master Card issued from a bank in your home country that will work in the U.S., to cover your expenses the first few weeks in New York. Be sure to check what charges may be applied to your account at home for using these cards in the U.S. Pre-paid Visa or Master Cards are much safer than carrying large amounts of cash; you will need to know your PIN—the 4 digit Personal Identification Number used to withdraw money from a cash machine (ATM or MAC). Without this, you may not be able to use your card to pay for purchases.

It is advised that you inform your credit or debit card company that you will be studying and travelling abroad in order to avoid the risk of your account being frozen for suspicion of fraud.

International Money Order (IMO)

IMOs can be bought from banks in your home country. You buy the order in your local currency and your bank issues a check in U.S. Dollars. You can then deposit this check into a U.S. bank account or exchange it for cash.

Wire transfers

To make a wire transfer, you will need to have a U.S. bank account already. Your bank at home will transfer money electronically to your U.S. account. Wire transfers are quick and safe, but do have service charges; ask your local bank what their fees may be.

Opening a U.S. Bank Account

The following documents are usually required to open a US bank account:

- Passport
- Visa
- Most Recent I-94
- Form I-20
- Letter from ISS certifying student status

It may take some time before your account is set up and ready for you to access your money.

NEW YORK, NY

The City

New York City, widely known as the Big Apple, is home to America's most populous and exciting city! As an art, business, finance, and cultural capital, New York offers a wide array of activities and entertainment, as well as opportunities for education and development. From the architectural wonders of the Empire State Building and Grand Central Terminal, to the artistic creations in the Guggenheim Museum, and across the Hudson River to the trademark of freedom—the Statue of Liberty—New York City has been an inspiration to some of the greatest entrepreneurs, entertainers, and leaders in the world.

Fast Facts

- Population: 8.4 million in the City and 20.3 million in the Metropolitan area
- Time Zone: Eastern Standard Time
- Major airports: John F. Kennedy (JFK), LaGuardia (LGA), and Newark (EWR)
- NYC consists of 5 boroughs – Manhattan, Queens, Brooklyn, the Bronx, and Staten Island.
- New York City is the #1 U.S. destination for international travelers.

Things to do in NYC

- Visit Wall Street, the U.S. Stock Exchange, and the U.S. Federal Reserve
- Take the ferry to the Statue of Liberty and Ellis Island
- Visit Times Square
- Go to Broadway and off-Broadway shows
- Support some of the greatest sports teams in the world! NYC is home to the Yankees and Mets baseball teams, NY Knicks and Brooklyn Nets basketball teams, Giants and Jets football teams, the Rangers and Islanders professional hockey teams, and the NY Red Bulls and the New York City Football Club soccer teams
- Go shopping in SOHO or on Fifth Avenue
- Visit world-famous museums such as the Metropolitan Museum, the Museum of Modern Art, Guggenheim Museum, or the American Museum of Natural History
- Take a stroll across the Brooklyn Bridge
- Bicycle or run around Central Park, followed by a picnic
- Listen to jazz music at a Greenwich Village club
- Visit Lincoln Center for a classical music, opera, or ballet performance

Weather

Temperatures on campus vary throughout the academic year, and a variety of clothing types should be considered when packing for your journey to Pace. You will also have plenty of opportunity to purchase any clothing or supplies you will need once you arrive, should you need to do so.

Lightweight clothing is recommended for the summer months when the weather is hot and humid. Temperatures from June through September range from 70°F (21°C) to more than 90°F (32°C). A raincoat, rain boots, and an umbrella are useful for rainy weather.

Winters (November through March) can be quite cold, with snow and ice a routine possibility. Be sure to bring warm and adequate clothing! Temperatures range from 20°F (-7°C) to 45°F (7°C), and sometimes may drop as low as 0°F (-18°C). A good winter coat, scarf, boots, and gloves are recommended.

Autumn (September to October) and spring (March to May) are usually moderate with temperatures ranging from 50°F (10°C) to 70°F (20°C).

PACE UNIVERSITY ONLINE RESOURCES

While you will be provided with a wealth of information during your orientations, the Pace website is a great tool for familiarizing yourself with campus resources and student requirements. Here are some important links which you should Bookmark for easy access:

- [INTERNATIONAL STUDENTS & SCHOLARS](#)
- [INTERNATIONAL STUDENT NAVIGATOR](#)
- [PACE COVID-19 VACCINE, TESTING, AND MONITORING REQUIREMENTS](#)
- [NEW YORK CITY CAMPUS LIFE](#)
- [COUNSELING CENTER](#)

WE LOOK FORWARD TO MEETING YOU!

We hope that this information has provided answers to some of your questions. We are here to make sure you feel welcome and are comfortable with your home away from home.

We wish you a safe and pleasant journey to Pace, and we look forward to meeting you! Once you arrive on campus, if you have any questions that we can assist you with, contact us at intlnyc@pace.edu, or visit our [website](#) to schedule an appointment. Office hours are Monday through Friday, 9:00 a.m. to 5:00 p.m.