DRUG AND ALCOHOL

The University seeks to promote individual wellness in as many ways as possible. Accordingly, in summary, the Policy prohibits the unlawful use, possession, sale, distribution, or manufacture of controlled substances, and generally prohibits the consumption of alcohol, on University property or at University-sponsored programs and activities.

Problems with alcohol and drug abuse are addressed most effectively through the coordinated efforts of peers, family members, counselors, and the University. To these ends, the University has identified several University departments with highly trained staff to assist students and employees. These services are provided at no cost to faculty and staff. The contact numbers for these departments, as well as additional off-campus resources, can be found under the "Counseling and Treatment" portion of the policy. We encourage you to read the Policy and its appendices carefully and thoroughly.

Should you have any related questions, please contact the University's Employee and Labor Relations office at 212-346-1869 in New York or 914-923-2781 in Westchester.

Policy Statement

Pace University has a strong commitment to a healthy and safe environment for all members of the University community. Any use of alcohol and drugs that is illegal or violates this Policy will not be tolerated.

It is the policy of the University that the unlawful use, possession, sale, distribution, or manufacture of controlled substances and alcohol on University property or at University sponsored programs and activities are prohibited. Even though its possession or consumption may otherwise be lawful, alcohol, except in limited circumstances, is not permitted on University property or at University sponsored programs and activities.

There are two exceptions to the prohibition against the possession and consumption of alcohol on University property and at University sponsored programs and activities. One exception to this Policy is for the moderate possession and consumption of alcohol at University sponsored programs and activities by individuals legally permitted to possess and consume alcohol, provided prior written approval from the appropriate University representative has been granted. The second exception permits students, except for those who reside in Maria's Tower, who are at least 21 years of age to possess and consume a moderate amount of beer or wine (not hard liquor) in their residential housing room.

This Policy applies to each member of the University community -- students, faculty, and staff – as well as to contractors, vendors, licensees, invitees and visitors.

This Policy is in compliance with the Drug-Free Workplace Act and the Drug-Free Schools and Communities Act, and it is distributed to every student and faculty and staff member.

Health Risks Of Controlled Substances And Alcohol

The illegal use of controlled substances and alcohol and the abuse of alcohol and prescription drugs may lead to permanent health conditions including, but not limited to, disorders of the central nervous system, reproductive functioning, cardiovascular and pulmonary systems, and endocrine functioning. In addition, there may be both short-term and long-term effects on cognition, memory, retention, information processing,

coordination, athletic performance, academic performance, and the exercise of judgment.

<u>Controlled Substances:</u> All drugs, whether illegal or prescribed, alter the chemical balance of the body. The misuse of drugs may lead to addiction and even death. Drug addiction and abuse can cause serious damage to the brain, stomach, lungs, liver, kidneys, heart, and the immune and reproductive systems. The sharing of needles is a significant factor in the spread of HIV.

<u>Alcohol:</u> Inappropriate use and abuse of alcohol is often associated with lower academic performance and failures, sexually transmitted diseases and unplanned pregnancies, vandalism, aggressive behaviors including sexual assault and rape, injuries, death, and prosecution for crimes related to the consumption of alcohol. Even small amounts of alcohol may impair the ability to concentrate, as well as the judgment and coordination required to drive a car safely thus increasing the likelihood that the driver will be involved in an accident. Small to moderate amounts of alcohol may also increase the incidence of a variety of aggressive acts, including spousal and child abuse. Moderate to high doses of alcohol can cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses may result in respiratory depression and even death. When used in conjunction with other depressants of the nervous system, even a small amount of alcohol can result in these effects.

Repeated use of alcohol may lead to dependence or addiction. The sudden cessation of alcohol consumption produces withdrawal symptoms such as severe anxiety, tremors, hallucinations and convulsions, and can be life threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, may also lead to permanent damage to vital organs such as the brain and liver.

Women who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. Infants with fetal alcohol syndrome have irreversible physical abnormalities and mental retardation. Further, research shows that children of alcoholic parents are at greater risk than other children of becoming alcoholics themselves.

Information regarding the possible effects of various controlled substances and alcohol, including the effects of an overdose and withdrawal, is available on the U.S. Department of Justice website indicated at the end of this policy.

Legal Sanctions

<u>Possession Of A Controlled Substance</u>. It is a crime under federal law to knowingly or intentionally possess a controlled substance unless the possession is otherwise permitted by law, *e.g.*, the controlled substance has been obtained pursuant to a valid prescription. The penalties for the conviction of the unlawful simple possession of a controlled substance, sometimes referred to as personal use amounts, are severe.

<u>Trafficking In Controlled Substances</u>. It is a violation of federal law to knowingly or intentionally manufacture, distribute, or dispense, or possess with the intent to manufacture, distribute, or dispense a controlled substance. Penalties for trafficking in controlled substances are considerably more severe than those for the possession of a personal use amount of a controlled substance. Information regarding these penalties is available at the website of the U. S. Department of Justice, Drug Enforcement Administration, "<u>Federal Trafficking Penalties.</u>" Moreover, if a person 18 years or older

distributes a controlled substance to a person under 21 years of age, the penalties will be doubled for a first conviction and tripled for subsequent convictions. Similarly, penalties will be doubled for a first conviction and tripled for subsequent convictions of distributing, possessing with intent to distribute, or manufacturing a controlled substance in or within 1000 feet of an elementary or secondary school, college or university, playground, or public housing facility, or within 100 feet of a youth center, public swimming pool, or video arcade facility.

The website of the Drug Enforcement Administration, http://www.justice.gov/dea is a useful source of information about controlled substances.

<u>Alcohol</u>. The following actions violate New York State law with regard to the possession of alcohol by, or the provision of alcohol to, persons under 21 years of age:

- 1. It is a misdemeanor to sell or give, or cause to be sold or given, any alcoholic beverage to any person under the age of 21. A person convicted of selling or giving any alcoholic beverages to someone underage may be imprisoned for up to 1 year and fined up to \$1000.
- 2. Further, no person under the age of 21 may possess an alcoholic beverage with the intent to consume it. The penalties for possession of an alcoholic beverage with the intent to consume it include a fine not exceeding \$50, completion of an alcohol awareness program, and/or community service not to exceed thirty hours.
- 3. It is a violation of New York law for a person under 21 years of age to present written evidence of age which is false, fraudulent or not his or her own, for the purpose of purchasing or attempting to purchase any alcoholic beverage. Such conduct is subject to payment of a fine of, depending on the number of prior violations, between \$50 and \$700, community service, or both, and completion of an alcohol awareness program or evaluation to determine whether the person suffers from alcoholism or alcohol abuse.
- 4. Using a false or fraudulent written instrument officially issued or created by a public office or governmental instrumentality (e.g., a driver's license) to procure alcohol is also a crime. The penalties include imprisonment of up to seven years and a monetary fine.
- 5. It is unlawful to drive while intoxicated, *i.e.*, blood alcohol content of .08 and higher, or "in an intoxicated condition." It is also a criminal offense for anyone to operate a motor vehicle if the person's ability to operate the vehicle is impaired by alcohol or other drugs.
- 6. A person under 21 years of age who drives a motor vehicle and whose blood alcohol content is between .02 and .07, is subject to civil sanctions of monetary penalties and fees, and revocation or suspension of his or her driver's license.

The penalties for driving while intoxicated and driving while impaired, and the penalties for drivers who are under 21 and whose blood alcohol content is between .02 and .07, may be found on the New York State Department of Motor Vehicles website, http://dmv.ny.gov/org/tickets/penalties-alcohol-or-drug-related-violations

University Sanctions

Any violation of the University's Drug and Alcohol Policy may be disciplined in accordance with the University's disciplinary procedures for students and for employees. Further, the

University may refer the student or employee for criminal prosecution. Any sanction imposed by the University is independent of, and is in addition to, any penalty imposed in connection with a criminal conviction.

The sanctions that may be imposed on a student include, but are not limited to, probation, and suspension, dismissal and expulsion from University housing and/or the University. The sanctions imposed on an employee may include the termination of his or her employment.

The sanctions described below are illustrative of the range and severity of sanctions that may be imposed on a student, but they do not constitute a complete list of the possible sanctions. In determining a sanction, the University will consider the nature and severity of the violation, the impact of the transaction on the Pace community as well as on the community at large, and the student's disciplinary history.

<u>Controlled Substances</u>. Violations of the University's Drug and Alcohol Policy relating to the unlawful possession, use, or distribution of controlled substances, even if a first offense, are considered to be extremely serious. Such violations may result in more severe disciplinary sanctions, even if there is no harm to the student, others, or property, than if the violation related to the use of alcohol. In addition to probation, suspension, dismissal or expulsion, the student may be fined up to \$200, and referred to a drug use assessment and required to comply with any recommendations.

<u>Alcohol</u>. There are 3 levels of alcohol violations. Greater sanctions may be imposed for each successively higher level of violation:

Level 1. Generally, a first violation and there is no harm to the student, others, or property. Sanctions include, but are not limited to, an admonition; a probationary period; participation in an alcohol prevention program (e.g., Alcohol 101); a fine of \$100 or, in lieu of a fine, submitting to an alcohol use assessment and complying with any recommendations; and, community service.

Level 2. Generally, a repeat violation or a first violation that caused harm to the student, others, or property. Sanctions include, but are not limited to, submitting to an alcohol use assessment and complying with any recommendations; a probationary period; suspension, dismissal or expulsion from the University and/or University housing; a \$200 fine; and, community service.

Level 3. Generally, a repeat violation indicative of a pattern of inappropriate behavior including disregarding previous admonitions, or a serious first or second violation involving harm to the student, others, or property. Sanctions include, but are not limited to, suspension, dismissal or expulsion from the University and/or University housing; a probationary period; a \$300 fine; community service; and, submitting to an alcohol use assessment and complying with any recommendations.

Reporting Requirements

Any employee, including a student employee, who works in any capacity under a federal grant or contract must notify his or her immediate supervisor of his or her conviction for a violation of any criminal drug statute (including misdemeanors) occurring in the workplace no later than 5 calendar days after such conviction. This applies to direct charge employees and to indirect charge employees who perform any support or overhead functions related to the grant. The supervisor must then promptly report the conviction to the Vice President for Human

Resources. Under the Drug-Free Workplace Act, the University is required by law to report the conviction to the federal funding agency within 10 days of receiving notice of the conviction from the employee or from any other source.

Parental Notification

If the University determines that a student under the age of 21 violated the Drug and Alcohol Policy, the University may disclose to a parent or legal guardian of the student, information regarding any violation of any federal, state, or local law, or of any rule or policy of the University, governing the use or possession of alcohol or controlled substances. If practicable, the student will be informed in advance that his or her parents or legal guardian are going to be given notice of the student's violation of the University's Drug and Alcohol Policy.

Counseling And Treatment

Students and employees who have concerns about their use of alcohol or other drugs are urged to seek assistance.

Resources for students who are seeking counseling or referrals include the Dean for Students (212-346-1306 in New York; 914-773-3351 in Westchester); Office of Residential Life (212-346-1295 in New York; 914-923-2791 in Westchester); and the Center for Student Development and Campus Activities (212-346-1590 in New York; 914-773-3767 in Westchester). Other resources available to all members of the University community include the Counseling Center (212-346-1526 in New York; 914-773-3710 in Westchester); and University Health Care (212-346-1600 in New York; 914-773-3760 in Westchester).

Faculty and staff may obtain counseling and/or referrals by contacting Aetna's Employee Assistance Program (EAP) 24 hours per day, 365 days per year, at 1 (888) 238-6232. The Resources For Living website is https://www.resourcesforliving.com/login (Username: Pace University Password: EAP).

Organizations that provide support and assistance to individuals with substance abuse problems and to their families include:

Alcoholics Anonymous

www.aa.org

(212) 870-3400 475 Riverside Drive #11 New York, N.Y. 10115

(212) 647-1680 307 7th Avenue #201 N.Y., N.Y. 10001

Al-Anon and Alateen 350 Broadway, N.Y., N.Y. 10013-3911

www.nycalanon.org

212-941-0094 (Greater New York)

Cocaine Anonymous

48 W. 21st Street #9 N.Y. N.Y. 10010

www.canewyork.org

212-929-7300 or 212COCAINE (212-262-2463)

Covenant House Nineline 800-999-9999 Marijuana Anonymous www.ma-newyork.org 212-459-4423 460 West 21st Street N.Y, N.Y., 10036

250 West 57th Street N.Y., N.Y. 10107

Nar-Anon

www.nar-anon.org 1-800-477-6291

Narcotics Anonymous

www.na.org 212-929-6262 or 212-929-7117 154 Christopher Street N.Y., N.Y. 10014

Nicotine Anonymous

www.nicotine-anonymous.org (631) 665-0527 or 877-879-6422

LIFENET Crisis Referral Hotline 800-543-3638 [1-800-LIFENET]

A list of NYC area substance abuse treatment facilities can be found in **Appendix A**.

Links:

- 1. Information regarding the Uses and Effects of Drugs of Abuse is located at: https://www.dea.gov/documents/2022/2022-12/2022-12-02/drugs-abuse-2022
- 2. Information regarding Federal Trafficking Penalties is located at: https://www.dea.gov/sites/default/files/2022-12/federal%20trafficking%20penalties.pdf
- 3. Information regarding related New York State Drivers' License Penalties is located at: http://dmv.ny.gov/org/tickets/penalties-alcohol-or-drug-related-violations
- 4. <u>Appendix A Substance Abuse Treatment Facilities</u>. Additional substance abuse treatment facilities are available at https://findtreatment.samhsa.gov/

APPENDIX A

SUBSTANCE ABUSE TREATMENT FACILITIES

FACILITY	ADDRESS/PHONE	<u>SERVICES</u>
<u>Manhattan</u>		
Beth Israel Stuyvesant Square Chemical Dependency	Bernstein Pavilion 1-9 Nathan D. Perlman Place New York, NY 10003 212.420.4220 (inpatient) 212.420.4545 (outpatient)	Inpatient Outpatient Substance Abuse Treatment Detoxification Methadone Maintenance
Gracie Square Hospital	420 East 76 th Street New York, NY 10021 212.988.4400 (general)	Inpatient Substance Abuse Treatment Detoxification Methadone Maintenance
Harlem Hospital	22-44 West 137 th Street New York, NY 10037 212.939.3030	Outpatient Substance Abuse Treatment Detoxification
Hazelden (Chelsea Facility)	322 8 th Avenue 12 th Floor New York, NY 10001 212.420.9520	Outpatient Substance Abuse Treatment
Hazelden (Tribeca Facility)	283 W. Broadway New York, NY 10013 212.226.1114	Outpatient Substance Abuse Treatment

FACILITY	ADDRESS/PHONE	SERVICES
<u>Manhattan</u>		
Bellevue Hospital Outpatient Clinic	462 1 st Avenue / 27 th Street Administration Building New York, NY 10016 212.562.4487 (Chemical Dependency) 212.562.3201 (Methadone Clinic)	Outpatient Alcohol Clinic Substance Abuse Treatment Methadone Maintenance
Realization Center	25 East 15 th Street New York, NY 10003 212.627.9600	Outpatient Detoxification Mental Health
Smithers Addiction Institute of New York St. Luke's/Roosevelt Hospital	1000 10 th Avenue New York, NY 10019 212.523.6491	Inpatient Substance Abuse Treatment Detoxification
St. Vincent's Hospital / Alcoholism and Addiction Outpatient Program	203 West 12 th Street New York, NY 10011 212.604.8273	Outpatient Substance Abuse Treatment Detoxification
<u>Brooklyn</u>		
Coney Island Hospital (Behavioral Health)	2201 Neptune Avenue Brooklyn, NY 11224 347.671.8400 718.714.2900 (intake phone)	Outpatient Substance Abuse Treatment Detoxification
Coney Island Hospital	2601 Ocean Parkway Brooklyn, NY 11235 718.616.3000	Inpatient Substance Abuse Treatment Detoxification Methadone Maintenance

FACILITY	ADDRESS/PHONE	<u>SERVICES</u>
Brooklyn		
Flatbush Addiction Treatment Center	1463 Flatbush Avenue	Outpatient
	Brooklyn, NY 11210	Evening Program (M,W,Th)
	718.951.9009	
Interfaith Medical Center	1545 Atlantic Avenue	Inpatient
Chemical Dependency Outpatient Services	3 rd Floor, South Building	Outpatient/CDOS
	Brooklyn, NY 11213	Substance Abuse Treatment
	718.613.4450	Detoxification
		Methadone Detoxification
Kings County Hospital	648 Albany Avenue	Outpatient
Treatment Center	Brooklyn, NY 11203	Methadone Clinic
	718.245.2623	
	440.48	
Kings County Hospital	410 Winthrop Street	Inpatient Substance Abuse Treatment
Chemical Dependency Inpatient Detox	R Building Brooklyn, NY 11203	Detoxification
	718.245.2635	Methadone Maintenance
	710.240.2000	Wethadone Maintenance
Lutheran Medical Center	150 55 th Street	Inpatient
Acute Care Addiction	Brooklyn, NY 11220	Substance Abuse Treatment
	718.630.7363	Detoxification

FACILITY	ADDRESS/PHONE	<u>SERVICES</u>
BRONX		
Albert Einstein College of Medicine Division of Substance Abuse Center for Drug Free Living	Melrose Treatment: 260 East 161st Street Bronx, NY 718.993.3397 Port Morris Treatment 804 East 138th Street Bronx, NY 718.742.7803 Waters Place Treatment: 1510 Waters Place Bronx, NY 10461 718.597.3888	Outpatient Substance Abuse Treatment Detoxification Methadone Maintenance
Bronx Lebanon Hospital Center	1276 Fulton Avenue Bronx, NY 10456 718.901.8862	Inpatient Substance Abuse Treatment Detoxification Methadone Maintenance
Dr. Martin Luther King Health Center	321 East Tremont Avenue Bronx, NY 10457	Outpatient Substance Abuse Treatment

718.518.3700

FACILITY	ADDRESS/PHONE	<u>SERVICES</u>
Bronx		
Lincoln Hospital/ Lincoln Recovery Center	349 East 140 th Street Bronx, NY 10454 718.993.3100	Outpatient Substance Abuse Treatment Detoxification
St. Barnabas Hospital	182 nd Street and 3 rd Avenue Building 4451/2 nd Floor 718.960.6588	Outpatient Substance Abuse Treatment Detoxification Methadone Maintenance
Queens/Long Island		
Hillside Hospital	75-59 263 rd Street Glen Oaks, NY 11004 718.470.8100	Inpatient/Outpatient MICA
Project Outreach/		
Division of North Shore LIJ Health System	600 Hempstead Turnpike West Hempstead, NY 11552 516.481.2890	Outpatient Substance Abuse Treatment
Staten Island		
Bayley-Seton Hospital	75 Vanderbilt Avenue 3 rd Floor Staten Island, NY 10304 718.818.5600	Inpatient Substance Abuse Treatment Detoxification

FACILITY	ADDRESS/PHONE	<u>SERVICES</u>
Staten Island		
Staten Island University Hospital	South Site: 392 Seguine Avenue Staten Island, NY 10309 718.226.2000	Outpatient Inpatient Detoxification 28-Day Rehab Program
	North Site: 475 Seaview Avenue Staten Island, NY 10305	
	425 Coney Island Blvd. Brooklyn, N 11218 718.306.5125	Methadone Clinic
YMCA of Greater New York YMCA Counseling Services/Staten Island	3911 Richmond Avenue Staten Island, NY 10312 718.948.3232	Outpatient Substance Abuse Treatment Counseling
New Jersey		
Atlantic Health Systems Morristown Memorial Hospital	95 Mount Kemble Avenue Morristown, NJ 07960 973.971.4700	Outpatient Substance Abuse Treatment
Mountainside Hospital	1 Bay Avenue Montclair, NJ 07042 973.429.6813	Outpatient Mental Health
Overlook Hospital	99 Beauvoir Avenue Summit, NJ 07901 908.522.4800	Outpatient Substance Abuse Treatment

FACILITY	ADDRESS/PHONE	<u>SERVICES</u>
New Jersey		
Cope Center Westchester	104 Bloomfield Avenue Montclair, NJ 07042 973.783.6655	Outpatient Substance Abuse Treatment Mental Health Anger Management Family Counseling DUI Classes
Arms Acres	75 Seminary Hill Road Carmel, NY 10512 845.225.3400	Inpatient 28-Day Rehab Program
Arms Acres in Pleasantville Cottage School	1075 Broadway Pleasantville, NY 10570 914.773-6179	Inpatient Substance Abuse Treatment (Adolescents)
New York Presbyterian Hospital Westchester Division	21 Bloomingdale Road White Plains, NY 10605 914.682.9100 (inpatient) 914.997.4300 (outpatient)	Inpatient Outpatient Substance Abuse Treatment Alcohol Abuse Treatment
Phelps Memorial Hospital Center	701 North Broadway Sleepy Hollow, NY 10591 914.366.3027	Inpatient / 21-Day Program Substance Abuse Treatment Alcohol Abuse Treatment MICA

FACILITY	ADDRESS/PHONE	SERVICES
Westchester		
Phelps Memorial Hospital (continued) ATS (Addiction Treatment Services)	22 Rockledge Avenue Ossining, NY 10562 914.944.5220	Substance Abuse Treatment Alcohol Abuse Treatment DUI Classes Mental Health Resources
Phelps/Threshold	155 White Plains Road Tarrytown, NY 10591 914.631.3133	Substance Abuse Treatment Alcohol Abuse Treatment DUI Classes Mental Health Resources
Westchester Treatment Center of White Plains	77 East Post Road White Plains, NY 10601 914.286.2822	Outpatient Substance Abuse Treatment Methadone/Opioid Treatment
St. Vincent's Hospital/Westchester A Division of St. Joseph's Medical Center	275 North Street Harrison, NY 10528 914.967.6500 888.689.1684	Inpatient Outpatient Substance Abuse Treatment Mental Health Treatment
Rockland		
Nyack Hospital	160 North Midland Avenue Nyack, NY 10960 845.348.6760	Inpatient Outpatient Substance Abuse Treatment Alcohol Abuse Treatment Mental Health Treatment

FACILITY	ADDRESS/PHONE	<u>SERVICES</u>
Orange County		
Catholic Charities Community Services of Orange County Goshen Clinic/Administrative Offices	224 Main Street Goshen, NY 10924 845.294.5888	Outpatient Substance Abuse Treatment Alcohol Abuse Treatment
Catholic Charities Community Services of Orange County Chemical Dependency Clinic – Newburgh Clinic	280 Broadway Newburgh, NY 12550 845.562.8255	Outpatient Substance Abuse Treatment Alcohol Abuse Treatment
Regional Economic Community Action Residence	127 Hickory Hill Road Newburgh, NY 12550 845.566.1224	Men's Rehabilitation Facility Vocational Programs
Restorative Management Corporation	172 Liberty Street Newburgh, NY 12550 845.561.5783	Outpatient Substance Abuse Treatment Alcohol Abuse Treatment
Connecticut		
Greenwich Hospital Addiction Recovery Center	5 Perry Ridge Road Greenwich, CT 06830 203.863.4673	Inpatient/Outpatient Substance Abuse Treatment Alcohol Abuse Treatment Detoxification