T/GNC Extended Resource Guide



Table of Contents

Center Resources	3
Housing	5
Healthcare	6
Counseling	6
Bathrooms	8
Policy	9
Tips from Trans Students at Pace	10
Pace Contacts	11
Outside Resources	13

Center Resources

Weekly Discussion Groups at the LGBTQA Center:

Closed groups for T/GNC students only:

T-Time: A group for T/GNC students to build community and hold space for trans related topics. Wednesdays, 12:10 p.m.–1:10 p.m.

QTPOC Corner: A group for Queer and Trans People of Color to hold space for intersecting identities. Thursdays, 3:30 p.m.—4:30 p.m.

Other discussion groups:

Out to Lunch: A group for discussion of various LGBTQ+ topics, ranging from media representation to queer history to current activism, alongside a free lunch for students. Open to everyone, including allies. Mondays, 12:10 p.m.–1:10 p.m.

Healing Friday: A group that invites students to engage in self-care through art, meditation, reflection, workshops, community, conversations and more. Healing Friday is open to everyone, including allies. Fridays, 12:00 p.m.—1:00 p.m.

T-Time Ally Day: On the first Wednesday of every month, the T-time discussion group is open to allies, in order to have an open conversation about trans allyship.

The LGBTQA+ Center also offers multiple trainings, these are available by request and are offered as monthly open house trainings. The center also offers specialized trainings for specific departments and systems. To request a training, please fill out this form.

Safe(r Zone: a workshop about LGBTQA+ identities, issues, and supportive practices.

Trans 101: a workshop about transgender identities, issues, and supportive practices.

In addition to discussion groups and trainings, the LGBTQA+ Center is open to all students, Monday through Friday, 9:00 a.m.–5:00 p.m. Come chat with someone from our staff, or just hang out in the space and enjoy the safe environment!

Emmett Griffith, the Associate Director of the LGBTQA+ Center, is also available by appointment. Feel free to email him to schedule a meeting at egriffith@pace.edu

LGBTQA Center Website

Leadership Opportunities

Center Staff: The LGBTQA+ Center offers many different positions, such as Student Assistants, Interns, and Volunteer opportunities.

<u>Student Assistants</u>: The Student Assistant (SA) position is an hourly paid position where students gain experience working in an office, facilitating conversations, and managing events, among other opportunities. While all SAs will learn how to oversee the space and share other responsibilities, students will be placed into one of our SA roles based on their strengths and interests. Current SA roles include Events and Facilitation, Communications, Social Media and Graphic Design, Data and Research.

Interns: The Center takes one 10-12 hour per week intern each semester. This intern is tasked with watching over the lounge space and welcoming students, will be assigned various projects, and/or will be asked to help with Center events and programs. Semester-long interns will be able to get a glimpse into what running a resource center for a marginalized community is like and will be invited to share any new ideas or events that will contribute to the Center's mission. This internship is available for credit depending on your major requirements.

<u>Volunteers</u>: The Center is able to take on up to two 20-hour per semester volunteers to help with the Center events and programming as part of a student's Civic Engagement (AOK1) requirement.

Queerleader: The Queerleader Program is the LGBTQA+ Center's student leadership program with a peer education component. Queerleaders attend monthly training focused on LGBTQA+ issues, social justice education and leadership development. They learn the presentation skills and curriculum content necessary to present the Center's educational trainings (Safe(r) Zone, Trans 101, About the Center, etc.) to the Pace community. Queerleaders also help run events, and table for the center in order to spread awareness about what the Center has to offer.

Q-Camp: Q-Camp is a 3 day leadership retreat for LGBTQA+ students with the LGBTQA+ Center Pleasantville at Camp Mariah in Fishkill, NY! Through a multitude of identity workshops, community building activities, and bonding activities, this weekend empowers students to do important work for themselves and their community.

Housing

All Gender Housing allows for same-gender, different-gender, non-gender, gender-queer or other-gender identities to live together regardless of biological sex in a Platonic environment in which they feel safe and supported.

First Year and Transfer Students

WITHOUT ROOMMATE PREFERENCE, PLEASE COMPLETE THE FOLLOWING:

Once you have applied for housing through MyHousing, you can look to link with other students in your same "pool" (the pool of new first year students, or the pool of new transfer or graduate students) to link with one or more of them to be roommates. To link with other students, you will need to log back in to MyHousing. Once there, select "Room Selection" from the top menu, and then "Roommates/Suitemates".

WITH ROOMMATE PREFERENCES, PLEASE COMPLETE THE FOLLOWING:

Once you have applied for housing through MyHousing, you can look to link with other students in your same "pool" (the pool of new first year students, or the pool of new transfer or graduate students) to link with one or more of them to be roommates. To link with other students, you will need to log back in to MyHousing. Once there, select "Room Selection" from the top menu, and then "Roommates/Suitemates".

Returning Students

There is no formal application for All Gender Housing, students may link with any student of any gender on the online room reservation portal.

More information about the returning students process.

All Gender Housing Point of Contact:

Vinn Randazzo

Phone: (212) 346-1295

Email: vrandazzo@pace.edu
New York City Housing website

Healthcare

Pace University provides healthcare coverage for trans students through insurance, referral services, and through Pace's Health Care Unit. The Pace "Student Health and Sickness Policy" includes coverage for sex affirmation surgeries and hormone treatments. Pace's Health Care Unit provides health education, assessment, STI testing, diagnosis, and treatment of illnesses. Students can also receive referrals through the Counseling Center, LGBTQA+ Center, and the Health Care Unit. Information and requirements to qualify for transition-related medical care coverage for Pace employees can be found on the University Health Care website.

Counseling

Pace University offers individual and group counseling to all Pace Students as well as referrals to other mental services in the city. To learn more about the Pace Counseling Center, you can call (212) 346-1526 or stop by the Counseling Center at 156 William Street, 8th floor. Visit the Counseling Center website.

Walk in hours are Monday-Friday, 1:00 p.m.–2:30 p.m., this time can be used to have your initial intake appointment, so you can be given your options to proceed further.

More information on referrals to outside providers can be found in the Outside Resources section (page 12)

Name Change

Pace allows students to change their name and salutation (Mr./Ms./Mx./etc.) within certain campus systems whether or not they have legally changed their name. In order to initiate this process, a student must fill out a General Change/Name Change Form and indicate their "preferred" name. Additionally, individuals are able to select the salutation of their choice. No documentation is required for this process.

This name change will update the following:

- Student ID
- Pace Email
- Blackboard*
- Reslutions (Residential Life and Housing)

*Class Rosters and Grade Rosters that are used by faculty from the Banner self-service application will contain the legal first name.

The following documents/systems will not be updated, and continue to use the legal name, unless a legal name change is made:

- Orgsync*
- Diploma and Graduation**
- Degree Works
- Campus Mailing
- Handshake (Career Services)
- Health Services***
- *Orgsync allows you to change your name directly on the website. Click on your name on the top right corner, select My Profile > Edit Profile
- **At Graduation, students fill out and present a name card to the individual's announcing student names at the graduation ceremony. You may indicate a "preferred" name to have read at the ceremony. However, your legal name will still be written on your diploma.
- ***Though your name does not change, you can select what pronouns you'd like to be used for you during your appointment through the <u>online patient portal</u>.

It is important to note, this does not change your gender marker on any system.

Bathrooms

Gender Neutral and ADA accessible restrooms are available throughout Pace Campuses. Please also refer to Pace University's Bathroom Policy (Page 9)

Here is a current list of all single stall gender neutral restrooms on Pace NYC's campus, the list will be updated as necessary on our website:

1 Pace Plaza

- C level All Gender Locker Room
- B level
- 1st Floor West (Near the West side elevators, next to the Men's room)
- 5th Floor West

41 Park Row

- Basement (multi-stall)
- 9th Floor (multi-stall)
- 10th Floor (single-stall)

163 William St.

• The following floors have single-stall, all gender, accessible bathrooms: 4, 5, 6, 11, 12, 13, 14, 15, 20, and 21

140 William St.

• Basement Lounge - 2 single-stall, all gender bathrooms.

Policy

Non Discrimination Policy

Pace's non-discrimination policy protects individuals on the basis of sex, gender identity and expression and sexual orientation. Individuals may report violations of this policy to the Office of Institutional Equity & Title IX Compliance at (212) 346-1310. This office is located at 163 William Street, 10th Floor, room 1017, New York, NY 10038. Inquiries concerning the application of Title IX and implementing regulations, as well as inquiries concerning the application of the Americans with Disabilities Act, Section 504 of the Rehabilitation Act, and Title VI of the Civil Rights Act, may be referred to the Office of Institutional Equity & Title IX Compliance.

Direct Contacts:

Lisa Miles, Title IX Coordinator/Affirmative Action Officer (amiles@pace.edu)
Zoila Perez, Sr. EEO Coordinator (zperez@pace.edu)
More information on Title IX

Bathroom Policy

In keeping with Pace University's policy of nondiscrimination on the basis of gender identity or actual or perceived sex, Pace University allows individuals to use a sex-specific restroom and/or locker room facility that corresponds to their gender identity and/or legal sex.

Please trust that each individual knows which restroom is right for them. If you feel you have been discriminated against while accessing the restroom or public facility, contact the Office of Institutional Equity & Title IX Compliance to file a formal

complaint at the following phone number: (212) 346-1310.

Name/Pronoun Policy

Pace University is currently working to create a Name/Pronoun Policy in order to protect students from deadnaming and misgendering. This policy will distinguish the difference between a students legal name, and their lived name (the name they've chosen to use.) If anyone employed by or attending Pace is consistently, persistently, and adamantly misgendering or deadnaming you. Including someone who deliberately refuses to use your correct name or pronouns, contact Lisa Miles at Title IX (amiles@pace.edu). If you feel uncomfortable contacting Title IX directly, you may contact Emmett Griffith (egriffith@pace.edu).

Tips from Trans Students at Pace

- 1. Come to T-time and QTPOC Corner! Even if you don't come every week, it's a great place to meet potential friends and get involved with the trans community at Pace.
- 2. Getting a new ID card with your preferred name on it is totally free and you can do it as many times as you want! You must fill out the name change form in order to do this, this will also update your blackboard account and many other systems. See the name change section for more information.
- 3. If you ever feel threatened or uncomfortable on campus, you have the right to report it. Pace has very specific policies in place to protect and support trans students. If you need help understanding these policies, or with talking over a situation, come to the LGBTQA Center. We're here to help!
- 4. College is a great time to experiment with your identity. If you want to try out new pronouns, or need help picking a name, people are often more than willing to support you. Also, if you're meeting someone new, you can introduce yourself however you want-- using a new name may feel uncomfortable to you at first, but they won't have any idea.
- 5. Emailing professors about your lived name and pronouns (if they are different in Pace's systems) before classes start can be a great way to avoid uncomfortable situations in class.
- 6. If you're not comfortable using gendered bathrooms, Pace has a number of gender neutral bathrooms across campus. To locate your nearest gender neutral bathroom, check out our all-inclusive list on page 7.
- 7. Visit the center anytime (between 9 and 5) to meet people, hang out, or just do homework.
- 8. If you're not comfortable speaking directly with a full-time staff member, the center also has student staff members and graduate staff members. They're always available to chat, and are a great support system.
- 9. Check out NYC's LGBT Community Center (gaycenter.org) to get support outside of campus, especially if you are not comfortable seeking resources at Pace.
- 10. Ask Emmett! He's available by appointment and able to answer literally any question you've ever had in your life.

Pace Contacts

LGBTQA Center

(212) 346 -1966 | 41 Park row (rm. 902)

Emmett Griffith, egriffith@pace.edu

Emmett is a non-confidential resource who is available to support students, staff, and faculty, specifically in matters of sexuality, gender identity, and how to support LGBTQA+ individuals.

Office of Sexual and Interpersonal Wellness

(212) 346 -1931 | 41 Park Row (Rm. 905)

Juliette Verrengia, <u>iverrengia@pace.edu</u>

The Office of Sexual Assault Prevention and Education provides support and resources for current Pace University students who are or have been impacted by sexual assault. Juliette is a confidential resource, she specializes in sexual violence, dating violence, and mental health, as well as running PAASA, a peer education group, whose members are also confidential resources.

Office of Institutional Equity and Title IX Compliance

(212) 346 -1310 | 163 William St. (Rm. 1017)

Lisa Miles, amiles@pace.edu

Title IX assists students in reporting, and processes reports of Title IX violations.

Office of Multicultural Affairs

(212) 346 -1546 | 41 Park Row (Rm. 910)

Denise Santiago, dsantiago@pace.edu

Dr. Santiago is a non-confidential resource who is available to support students, staff, and faculty, specifically in matters of race, ethnicity, nationality, as well as, gender identity, poverty, violence, differing abilities and aging.

Student Accessibility Services

(212) 346-1526 | 156 William St. (8th FI)

Kate Torres, ktorres@pace.edu

Student Accessibility Services assists students who are seeking accommodations including but not limited to: academic, housing, mental health.

Chief Diversity Officer

TIffany Hamilton

(212) 346 -1879, thamilton2@pace.edu

Tiffany is available for concerns regarding diversity and inclusion at Pace including students and faculty and staff. As well as advocacy and support for students.

Dean for Students

Marijo Russell O'Grady

(212) 346 -1306, mrussellogrady@pace.edu

Marijo is available for concerns regarding academic support and conduct.

Counseling Center

(212) 346-1526 | 156 William St. (8th FI)

University Health Care

(212) 346-1600 | 1 Pace Plaza (6th Fl. East)

Outside Resources

Healthcare

APICHA

APICHA is a local health clinic that provides primary care, preventive health services, mental health, and other supportive services. APICHA specialize in caring for members of the LGBTQ Community and even has a specialized Transgender Health Clinic to care for the needs to T/GNC folks. APICHA accepts a variety of insurances and even has sliding scale payments to ensure accessible healthcare.

Address: 400 Broadway New York, NY 10013

Phone: (866) 274-2429

Callen Lorde Community Health Center

Callen-Lorde Community Health Center provides sensitive, quality health care and related services targeted to New York's LGBTQ communities — in all their diversity — regardless of ability to pay. To further this mission, Callen-Lorde promotes health education and wellness, and advocates for LGBTQ health issues.

Locations:

356 West 18th St. New York, NY 10011 (212) 271-7200

Bronx: 3144 3rd Ave Bronx, NY 10451 (718) 215-1800

Thea Spyer Center: 230 West 17th St New York, NY 10011 (212) 271-7200

Mount Sinai - Center for Transgender Medicine and Surgery

The Mount Sinai Center for Transgender Medicine and Surgery (CTMS) delivers advanced care for transgender and non-binary people. The CTMS team is a comprehensive group of providers who have expertise in primary care, hormone therapy, behavioral health support, gender-affirming surgeries, and other supportive services. Patients at CTMS can receive primary care, as well as see specialists in the areas of endocrinology, behavioral health, plastic surgery, urology, gynecology, and more.

Address: 275 Seventh Avenue, 12th Floor New York, NY 10001

Phone: (212) 604-1730

Email: CTMSinfo@mountsinai.org

Counseling

Charles Sock, LCSW (City Therapy

Charles' areas of specialty are HIV/AIDS, LGBTQ identity/transitioning, addictions, chronic illness, trauma, grief, adoption, immigration and aging Psychology Today therapists AND City Therapy

Address: 113 University Place – Union Square

Phone: (917) 473-8944

NYC Affirmative Psychotherapy

NYC Affirmative Psychotherapy LCSW PLLC is a community focused sustainable sliding scale mental health practice in Manhattan providing treatment to individual adults ages 18+.

Address: 19 W. 34th St. New York, NY 10001

Phone: (347) 625-5020

Email: contact@nycaffirmative.com

Visit the NYC Affirmative Psychotherapy website

The Trevor Project

Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.

[Call the Trevor Lifeline at 1 (866) 488-7386 for immediate help. It's free, confidential, and available 24/7]
The Trevor Project PO Box 69232 West Hollywood, CA 90069

info@thetrevorproject.org

Trans Lifeline

Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis - for the trans community, by the trans community. Trans Lifeline was founded in 2014 as a peer-support crisis hotline. The Hotline was, and still is, the only service in the country in which all operators are transgender.

Hotline: US: (877) 565-8860 - Trans Lifeline Office: (510) 771-1417 contact@translifeline.org Media Inquiries: press@translifeline.org

Identity House

Identity House is a counseling services non-profit organization. The purpose of Identity House is to create an all-volunteer community in which to provide services for the support and encouragement of lesbian, gay, bisexual, transgender, and queer adults who are struggling with issues of sexuality, gender identity, alienation, relationships and family. We provide a unique service as a peer-counseling center for the community offering a walk-in counseling and referral center as well as weekly groups where people can talk about issues related to sexual identity.

Address: 171 W. 23rd St. #2C New York, NY, 10011

Phone: (212) 243-8181

Community

The Center

The Center fosters a welcoming environment where everyone is celebrated for who they are. They offer the LGBTQ communities of NYC advocacy, health and wellness programs; arts, entertainment and cultural events; recovery, parenthood and family support services. -

Address: 208 W 13 St (btwn. 7th/8th Aves) New York, NY 10011

Phone: (21) 620-7310 Fax: (212) 924-2657 Community Services Fax: (646) 486-9381

Relay Service: Deaf and hearing-impaired callers can reach The Center through the New York State Relay Service: (800) 662-1220 (TDD/TTY), (800) 421-1220

(voice).

Queer Division The Bureau of General Services

Queer Division is an independent, all-volunteer queer cultural center, bookstore, and event space hosted by The Lesbian, Gay, Bisexual & Transgender Community Center in New York City. We aim to foster a community invested in the values of mindfulness, intellectual curiosity, justice, compassion, and playfulness.

Address: 208 West 13th Street Room 210 NY, NY 10011

Phone: (646) 457-0859

Email: CONTACT@BGSQD.COM

Translatinx Network

TNGC Leadership Space Teaches, refines, and uplifts us as members within the TGNC community. The curriculum entails lectures, discussions, group work, and outreach programs. This is a great opportunity to develop your skills, gender and community philosophies, and make a difference in your life and those of others! Participants will

need to complete a CDCHIV Testing Training to obtain their certificate. This training will teach them how to conduct a proper HIV Test and learn more about HIV and AIDS.

Address: 137 W 19th St 2nd FI 10011

Phone: (646) 882-2000

Other

Ali Forney Center

Our mission is to protect LGBTQ youths from the harms of homelessness and empower them with the tools needed to live independently. The Ali Forney Center offers a variety of support programs such as emergency housing, transitional living, and job readiness and healthcare support for their residents.

Address: 224 West 35th Street, 15th Floor New York, NY 10001

Phone: (212) 222-3427 Fax: (212) 222-5861

Anti-Violence Project (AVP)

AVP empowers lesbian, gay, bisexual, transgender, queer, and HIV-affected communities and allies to end all forms of violence through organizing and education, and supports survivors through counseling and advocacy.

Address: 116 Nassau Street, 3rd Floor New York,

NY Phone: (212) 714-1141

Housing Works

Offers a Transgender Evening Program and Transgender Transitional Housing Program and provides legal services, in addition to HIV/AIDS services, homeless and food services, support services, detox and referrals, and more.

Address: 57 Willoughby Street, 2nd Floor, Brooklyn, NY Phone: (347) 473-7400, Option 1 TTY: (212) 925-9560

Email: info@housingworks.org

Leslie-Lohman Museum of Gay and Lesbian Art

The Leslie-Lohman Museum of Gay and Lesbian Art is the first dedicated LGBTQ art museum in the world with a mission to exhibit and preserve LGBTQ art, and foster the artists who create it.

Address: 26 Wooster Street New York, NY 10013 (Between Grand & Canal)

Hours: 12:00 p.m.-6:00 p.m., Wednesday-Sunday

12:00 p.m.–8:00 p.m. on Thursday

Closed: Mondays, Tuesdays, and all major Holidays, Pride Sunday

Safe Horizon Streetwork Project

Provides LGBT-affirming services for runaway and homeless youth, including emergency housing, food, clothing, showers, medical care, needle exchange and an HIV support group.

Locations:

Streetwork Harlem Drop In Center 209 West 125th Street, 2nd Floor New York, NY (212) 695-2220 Streetwork Lower East Side Drop In Center 33 Essex Street New York, NY 10002 (646) 602-6404, (800) 708-6600