



PACE
UNIVERSITY

Division of Diversity, Equity,
and Inclusion

OFFICE OF SEXUAL AND
INTERPERSONAL WELLNESS

SEXUAL ASSAULT AND INTIMATE PARTNER VIOLENCE RESOURCE GUIDE

The Office of Sexual and Interpersonal Wellness (OSIW) provides support and resources for Pace University students who are or have been impacted by sexual violence or intimate partner violence, and develops on-campus violence prevention initiatives, trainings, and events.



ON-CAMPUS SUPPORT

Office of Sexual and Interpersonal Wellness: confidential crisis counseling, safety planning, and referrals. Available Monday–Friday, 8:00 a.m.–4:00 p.m. at Elm Hall, Office 133B. Call (914) 773-8783 or email akadir@pace.edu.

Counseling Center: counseling and resources. Available Monday–Friday 9:00 a.m.–5:00 p.m. at the Administration Building, 2nd Floor or connect with a crisis counselor 24/7 at (914) 773-3710.

Office of Institutional Equity and Title IX Compliance: non-confidential resource for information or to report an incident of sex-based misconduct. Call (212) 346-1310 or email Bernard Dufresne at bdufresne@pace.edu. Office located at Elm Hall, Office 133A.

Pace Security: non-confidential 24-hour safety resource located at Alumni Hall and Goldstein Academic Center. Call (914) 773-3400.

University Health Care: confidential health services. Available Monday–Friday, 9:00 a.m.–6:00 p.m. at Paton House, Ground Level. Call (914) 773-3760.

OFF-CAMPUS SUPPORT

My Sisters' Place, Domestic Violence Shelter: resources that include residential shelters, legal advocacy, counseling services. Call (800) 298-7233.

Pace Women's Justice Center: provides free legal services to victims and survivors of domestic violence, sexual assault, and elder abuse. Call (914) 287-0739.

Planned Parenthood, Hudson Peconic: provides sexual and reproductive health care at ten health centers and two mobile health centers across New York. Call (914) 467-7300.

Putnam Northern Westchester Women's Resource Center: offers a variety of resources including therapy, support groups, legal, and healthcare advocacy. Call (845) 628-2166.

RAINN (Rape, Abuse & Incest National Network): carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice. Call the 24-hour helpline at 1 (800) 656-4673(HOPE).

Victims Assistance Services of Westchester (WestCOP): provides free, comprehensive, and compassionate services to crime victims and their families, friends, and loved ones. Call the 24/7 helpline at (914) 345-3113.

DOS AND DON'TS FOR SUPPORTING A FRIEND

DO

- **Put them at ease** and try to help them create a safe environment. Let them know that you are there for them and receptive to what they are saying.
- **Affirm their feelings** and express admiration for their courage to share with you.
- **Emphasize** and verbalize your stance against the abuse they have experienced.
- **Follow their lead** and support their desires. Respect the decisions they are making regarding their care.
- **Be mindful** of your self-care. You can better respond to a survivor's needs if you also take care of yourself.
- **It's important** to—while respecting the survivor's confidentiality—reach out to your own support system and be realistic about how much you are able to provide.

DON'T

- **Question** the validity of the survivor's claims.
- **Make excuses** for the person who caused harm.
- **Share** the survivor's story without their consent.
- **Give** the survivor any ultimatums.
- **Minimize** the assault.
- **"Investigate"** what the survivor is saying. Avoid asking why questions or asking for more details than the survivor is willing/able to share.



MEDICAL INFORMATION

Westchester Medical Center, WMC Health*

SAAVE Program (Sexual Assault, Abuse and Victims Empowerment)
100 Woods Road, Valhalla, NY 10595
(914) 493-8671
24-hour Hotline: (833) 220-2444

Montefiore Mount Vernon Hospital

12 N 7th Ave, Mt Vernon, NY 10550
(914) 664-8000

New Rochelle Center

150 Lockwood Avenue Suite LL-1, New Rochelle, NY 10801
(914) 632-4442

NewYork-Presbyterian Allen Hospital

5141 Broadway, New York, NY 10034
(212) 932-4000

NewYork-Presbyterian Westchester

55 Palmer Avenue, Bronxville, NY 10708
(212) 746-9414

Northern Westchester Hospital

400 Main St, Mt Kisco, NY 10549
(914) 666-1200

Planned Parenthood Hudson Peconic, Inc White Plains Center

175 Tarrytown Road, White Plains, NY 10607
(914) 761-6566

St. John's Riverside Hospital

967 N Broadway, Yonkers, NY 10701
(914) 964-4444

***SAFE (SEXUAL ASSAULT FORENSIC EXAMINER) DESIGNATED HOSPITALS**

SAFE hospitals are required to call an advocate that can provide crisis intervention, confidential support, and information/advocacy when a survivor requests assistance in the ER.



MEDICAL INFORMATION

If you or someone you know is a victim of sexual assault, this medical information can be helpful. Survivors of sexual violence are entitled to free medical care including everything listed below regardless of immigrations status or health insurance.

- Forensic Rape Evidence (FRE) Collection Kit ("Rape Kit") should ideally be done within **96 hours** after an assault
- Drug Facilitated Sexual Assault Kit (DFSA) should ideally be done within **96 hours** after an assault
- HIV Post Exposure Prophylaxis (PEP) is offered up to **72 hours** after an assault per CDC guidelines
 - Patients will be given 7/8 days of this 28-day medication. Patients are expected to return for a follow-up to receive a prescription for the remaining days. Patients without insurance can complete an emergency application with the Office of Victim Services to be reimbursed the cost. Patients can also request anti-nausea prescription
- Emergency Contraception (Plan B) **should ideally be taken within 72 hours but offered up to 120 hours per Planned Parenthood guidelines** and is available at University Health Care
- Hepatitis B Prophylaxis should be taken within **24 hours** of possible exposure per CDC guidelines
- STI Prophylaxis offered at any time and is available at University Health Care

CRIMINAL AND LEGAL INFORMATION

If you or someone you know is a victim of sexual assault, you can find criminal and legal resources below.

If you'd like police involvement and information about how to report an assault, you can call these numbers:

- Domestic Violence Hotline: (212) 335-4308
- Human Trafficking Hotline: (212) 335-3400
- MAIN Special Victims Department: (646) 610-7272
- Special Victims Bureau/Sex Crimes Hotline: (212) 335-9373

If you'd like to consult an attorney about your options, you can contact these organizations:

- **Her Justice:** (718) 562-8181
- **Legal Aid Society:** (212) 577-3300
- **New York Legal Assistance Group:** (212) 613-5000
- **Pace Women's Justice Center (PWJC):** (914) 422-4069
- **Sanctuary for Families:** (212) 349-6009

KNOW YOUR RIGHTS

All students and employees at institutions of higher education are protected by Title IX and New York State Education Law 129-B. Under these laws, students and college/university employees can make a report of any type of sex discrimination to their school's Title IX office and are entitled to services and accommodations.

In New York State, you have the right to:

- Request a prompt and fair investigation of your complaint (regardless of police involvement)
- Request supportive measures to ensure a safe learning environment, which may include:
 - counseling
 - no-contact order
 - campus escort services
 - changes in work or housing locations
 - academic-related adjustments
- Amnesty from any sanctions regarding drug or alcohol use during the assault
- Be free of gender-based online bullying or harassment

You can choose to report to your school and law enforcement, or you can choose to just report to your school or just to law enforcement.

To learn more about how the University responds to sex-based misconduct, contact the University's Title IX Coordinator Bernard Dufresne at bdufresne@pace.edu or (212) 346-1310.



Print this page, take this card and keep it in your wallet to have all these resources available at any time.

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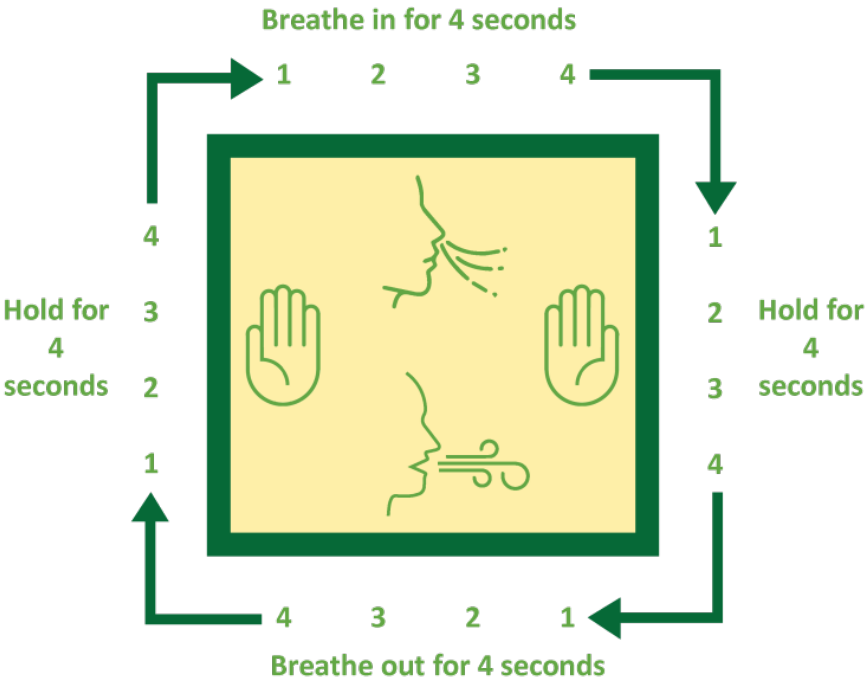
FOR EMERGENCIES CALL 911

PACE UNIVERSITY SECURITY: (914) 773-3400

OSIW: (914) 773-8783
(Monday–Friday, 9:00 a.m.–5:00 p.m.)

Counseling Center: (914) 773-3710

SQUARE BREATHING



Print this page, take this card and keep it in your wallet to have all these resources available at any time.

Scan the QR code to access all this information on the go, discover more resources and contact our staff.

