

# Your **new beginning** could start here.

## **new simplestart**

**Learn about Simple Start, a two-week starter plan designed to help you start losing weight right away.**



## **Let's bring Weight Watchers® to work.**

With Weight Watchers At Work Meeting Series,\* you can get:

- Guidance from a Leader who has lost weight with Weight Watchers
- Access to eTools,\*\* our Internet weight-loss companion, FREE
- Group support from co-workers who understand the workplace environment best

**Learn how we can get Weight Watchers At Work meetings\* started now!**

## **CONTACT**

## **INFORMATION**

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\* Available in participating areas only. Pre-payment of At Work Meeting Series required and further restrictions may apply. Minimum enrollment required to start an At Work meeting.

\*\* Available to those who have pre-purchased an At Work meeting series at the start of the meeting series. Such members will get a subscription for either 14 weeks or 19 weeks of free eTools; the length of free eTools subscription is dependent on the length of the At Work meeting series available at your company. Free eTools subscription offer not available for local Weight Watchers meetings or Online subscriptions. Your eTools subscription will automatically renew each month at standard rate (currently \$14.95, which is subject to change) per month, unless you cancel before the end of 14 weeks or 19 weeks subscription to eTools. Visit [www.weightwatchers.com/cancel](http://www.weightwatchers.com/cancel) for instructions on how to cancel. Subscription is not transferable.

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